

Interested in Becoming a Life Guard or Swim Instructor?

Check out the Camas Pool this summer for training programs



American Red Cross Lifeguarding

If you're 15 or older and looking for a great summer job or challenging career that's in demand, the Red Cross Lifeguarding program is the place to start. Through videos, group discussion and hands-on practice, you'll learn patron rescue and surveillance skills, first aid and CPR/AED.

*Prerequisites: Must be at least 15 years old and pass certain swimming requirements.
2 year Lifeguarding/First Aid/CPR/AED certification upon successful completion of course.*

- The skills evaluation pre-test will be held prior to the course begins on 06/08. It must be passed to continue class.
- Lesson plan and electronic version of class materials will be available after pre-test. Participants must print a copy of the material for class.
- Bring a swimsuit, towels, sweatshirt/sweatpants, lunch/snacks and water bottle to every class.
- Participants must attend all course sessions to successfully pass course.

American Red Cross Certified Instructor
Camas Pool, Crown Park (Camas Pool/Scout Hall)
Fee: \$225; a \$35 non-refundable fee will be charged for participants who drop the class after the skills test.

36054B	06/08	W	4:00PM - 6:00PM
	06/09 - 6/10	Th/F	4:00PM - 9:00PM
	06/11	Sa	9:00AM - 7:00PM
	06/17	F	4:00PM - 9:00PM



American Red Cross Water Safety Instructor

If you're at least 16 years old and a proficient swimmer, you can become an American Red Cross Water Safety instructor. Learn to teach children and adults to swim, and give water safety presentations to kids and their parents. It's a fun and meaningful job that's in high demand. Plus, Red Cross certification is recognized nationwide so you can work anywhere in the United States. The WSI course teaches you how to be an effective American Red Cross Swimming Instructor.

- The skills evaluation pre-test will be held prior to the course on 06/08 from 4:00PM - 6:00PM.
- Lesson plan and electronic version of class materials will be available after pre-test. Participants must print a copy of the material for class.
- Bring a swimsuit, towels, sweatshirt/sweatpants, lunch/snacks and water bottle to every class.
- Participants must attend all course sessions to successfully pass course.

American Red Cross Certified Instructor

Camas Pool, Crown Park

Fee: \$225, a \$35 non-refundable fee will be paid directly to American Red Cross after successful completion of the pre-test.

36054A	06/08	W	4:00PM - 6:00PM
	06/20, 22, 24 & 27	M,W,F & S	2:30PM - 6:30PM
	06/25	Sa	9:00AM - 4:00PM

ARC Lifeguard Instructor

The Lifeguarding Instructor course trains instructor candidates to teach the following: Lifeguarding, Shallow Water Lifeguarding, Waterfront Skills, Waterpark Skills, CPR/AED for Professional Rescuers and Health Care Providers, Administering Emergency Oxygen and Bloodborne Pathogens.

Must be at least 17 years old, possess current American Red Cross certificate for Lifeguarding/First Aid/CPR/AED. Successfully complete the Online Sessions for the Lifeguarding Instructor course and successfully complete the pre-course water and class sessions.

American Red Cross Certified Instructor

Camas Pool, Crown Park

Fee: \$225, a \$35 non-refundable fee will be paid directly to American Red Cross after successful completion of the pre-test.

36054C	07/11, 13 & 15	MW/F	2:30PM - 6:30PM
	07.16 & 17	S/Su	8:30PM - 3:00PM

Register online at: <https://register.cityofcamas.us> or call Camas Parks and Recreation 360-834-5307