

Transportation

American Medical Response (503) 231-6300

Ambulance transportation.

C-TRAN Bus Service (360) 695-0123 www.c-tran.com

Public transportation, general bus service, payment required.

C-VAN Paratransit Service (360) 695-8918 www.c-tran.com

Public transportation. for those who can't use C-TRAN.

Employment Transportation Brokerage (360) 258-2103

Short term assistance, must be low-income.

Golden Chariot (360) 944-9833 www.goldenchariot.us

Provides individual transportation for seniors & disabled adults.

Medical Transportation Brokerage (360) 694-9997

Transportation to medically necessary appointments. For Medi-

Mercy 1 Transportation (360) 896-5156 www.mercy1transportation.com

Door-to-Door transportation for services.

Reserve-A-Ride (360) 258-2103

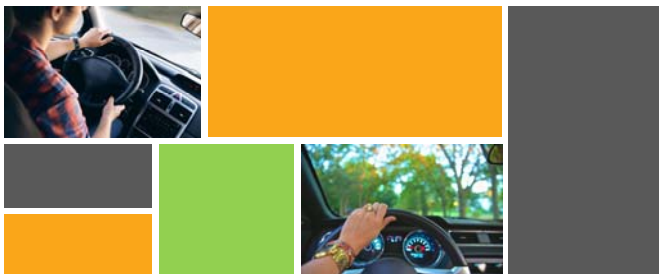
Limited transportation for medically necessary appointments.

Senior Transportation Program (360) 694-8144

Part of Area Agency on Aging & Disabilities of Southwest WA.

TLC Wheelchair Services, INC. (360) 225-9107

Provides medical transportation.



Information

Area Agency on Aging and Disabilities of Southwest Washington (888) 637-6060 or (360) 694-8144 www.helpingelders.org

Connecting seniors, adults with disabilities & care givers to community resources.

Location: 201 NW 73rd Street, Vancouver, WA 98665, Suite 201

Community Services Directory Dial 2-1-1 www.211info.org

More in-depth information & resources.

Inter-Faith Treasure House (360) 834-5786 www.ifth-cw.org

Provides resources to seniors in the community.

Location: 91 C Street, Washougal, WA 98671

Seniors and Law Enforcement Together (S.A.L.T.) (360) 834-4151

Meetings & newsletters to inform about scams & other topics.

West Meeting: 3rd Monday of the month at 11:00 am
The 40 and 8 Community Room
7607 NE 26th Avenue, Vancouver WA 98665

East Meeting: 4th Monday of the month at 11:00 am
Camas Police Department
2100 NE 3rd Avenue, Camas, WA 98607

Senior Information and Assistance (360) 694-8144 www.211info.org

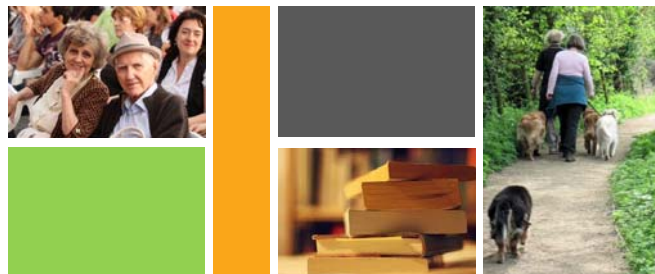
Provides resources to seniors in the community.

Senior Messenger (360) 487-8701 www.cityofvancouver.us/messenger

Free monthly publication full of topics for 50+ adventurer.

Volunteer Chore (360) 213-2403

Help for low-income elder or disabled adults.



Camas-Washougal

Senior Resource Guide



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Updated January 2017
By City of Camas Parks & Recreation
For more information go online to Cityofcamas.us/parks

Camas Parks & Recreation
(360) 834-5307
www.cityofcamas.us/parks

Lacamas Lake Lodge
227 NE Lake Road, Camas, WA 98607
Monday to Friday, 8:00 am – 5:00 pm
Camas Community Center
1718 SE 7th Avenue, Camas, WA 98607
Opened to scheduled events only

Meals & Food

Inter–Faith Treasure House

(360) 834-5786

www.ifth-cw.org

Provides a Boxed Food Program & Feeding Program. Also runs the Lost & Found Café.

Inter–Faith Treasure House:

91 C Street, Washougal, WA 98671

Lost & Found Café: Zion Lutheran Church
824 NE 4th Avenue, Camas, WA 98607

Lost & Found Café Time: Monday & Thursday, 6:00–7:00pm

Meals on Wheels People

(360) 210-5666 or (866) 788-6325 (Homeward Bound Services)

www.mealsonwheelspeople.org

Provides meals, games & social contact for seniors.

Location: Washougal Community Center
1681 C Street, Washougal, WA 98671

Time: Monday to Thursday, 11:30 am

Refuel Fridays

(360) 835-8501

www.cityofwashougal.us

Location: Washougal Community Center
1681 C Street, Washougal, WA 98671

Time: Every Friday, 4:00 – 6:00 pm

Veterans

American Legion Bennett Barnett Post 27

(360) 835-2425

www.alpost27.com

Organization dedicated to veterans helping veterans.

Meetings: 1st Wednesday of the month, 7:00 pm

Location: Camas Community Center
1718 SE 7th Avenue, Camas, WA 98607

CCDCS – Veterans Assistance Fund

(360) 397-8478 or (360) 693-7030

www.ccvac.net

Offering everything from coffee to emergency assistance fund.

Time: Monday to Friday, 8:00 – 4:30 pm

Location: 1305 Columbia Street, Vancouver, WA 98660 (Suite 100)

Veterans of Foreign Wars Post 4278 & Auxiliary

(360) 260-7876 for veterans

(360) 835-8215 for Auxiliary

[VFW Post 4278 on Facebook](#)

Provides meals, games & social contact for seniors.

Post Meetings: 2nd Tuesday of the month, 7:00 pm

Coffee Hour: Every Wednesday and Friday, 9:00 am

Location: Camas Community Center
1718 SE 7th Avenue, Camas, WA 98607

Social Club & Recreation

Camas Parks & Recreation

Provides a newsletter offering programs & events.

Contact & Locations: See front cover for information.

Camas Public Library

(360) 834-4692

www.cityofcamas.us/library

Provides library services along with events & activities.

Times: Monday to Wednesday, 10:00 am – 8:00 pm

Thursday to Saturday, 10:00 am – 6:00 pm

Location: 625 NE 4th Avenue, Camas, WA 98607

Camas Seniors

(360) 834-3727

Provides trips & activities along with monthly casino trips.

Meetings: Call for time & location of trips & events.

Cascade Park Kiwanis (Kiwanis International)

(360) 907-8127

[Kiwanis of Cascade Park on Facebook](#)

Dedicated to helping our local community & the world.

Meetings: Every Thursday morning at 7:30 – 8:30 am

Location: Meetings held at IHOP
2900 SE 164th Avenue, Vancouver, WA 98683

Columbia Gorge Women's Association

(360) 834-1091

Helping women retrain after major life decisions.

Meetings: Call for meeting times & locations

Fern Prairie Modelers

(360) 254-4668

Great for airplane novices & professionals alike, all ages.

Meetings: 3rd Thursday of the month, 7:00 pm

Location: Camas Community Center
1718 SE 7th Avenue, Camas, WA 98607

Garden Club

(360) 835-1656 or (360) 833-1852

www.gardenclubofcamaswashougal.org

[Community Garden of Camas/Washougal on Facebook](#)

Bringing newcomers & veteran gardeners together. Meetings will feature special speakers and activities.

August – May Meetings: 4th Wednesday of the month, 1:00 pm

Location: Camas Community Center

1718 SE 7th Avenue, Camas, WA 98607

June, July & December: No meetings. Call about special trips.

GFWC Camas-Washougal Women's Club

(360) 834-2354 or (360) 835-2348

www.gfwc.org

Dedicated to helping our local community & the world.

Meetings: 2nd Wednesday of the month, 7:00 pm

Location: Call for location

Soroptimists International

(360) 931-2583

Volunteer organization improving the lives of women & children locally & internationally.

Meetings: 1st Friday of the Month at 7:00 am &
3rd Tuesday of the month at 7:00 pm

Location: Zion Lutheran Church, Community Hall
824 NE 4th Avenue, Camas, WA 98607

Twisted Sisters Quilting Society

(360) 989-5326

Learn how to quilt, pick up quilting tips, or just come socialize.

Meetings: Every Wednesday, 6:00pm

Location: Call for location

Washougal Community Center

(360) 835-8113

www.cityofwashougal.us

Gathering place for seniors, also offers meals & activities.

Time: Monday to Friday, 9:00 – 4:00pm

Location: 1681 C Street, Washougal, WA 98671

Washougal Lions Club

(360) 450-8272

Service organization focusing on health issues.

Meetings: 2nd and 4th Thursday of the month, 6:00pm

Location: Orchard Hills Golf Club
605 39th Street, Washougal, WA 98671

Washougal Public Library

(360) 906-4860

www.fvrl.org

Provides library services, activities & an adult book club.

Time: Wednesday to Saturday, 10:00 – 6:00 pm

Tuesday, 10:00 – 8:00 pm

Location: 1661 C Street, Washougal, WA 98671

Housing

Crown Villa Apartments for Seniors

(360) 694-2501

www.vhause.com

Provides subsidized housing, some income restrictions.

Location: 1529 Division Street, Camas, WA 98607

Kent Place

(360) 834-3988

www.enlivant.com

Assisted living & senior community.

Location: 2647 NW Kent Street, Camas, WA 98607

Prestige Care Rehabilitation Camas

(360) 834-5055

www.prestigecare.com

Offers rehabilitation, skilled nursing & assisted living services.

Location: 740 NE Dallas Street, Camas, WA 98607