

Camas-Washougal Senior Resource Guide

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By City of Camas Parks & Recreation

The information provided below offers general resources to our local seniors and is not meant to be comprehensive. Information was gathered through public sources and/or direct contact.

Updates of this document will be made annually.

Community Services Directory

Dial 2-1-1 or www.211info.org

- More in-depth information and resources on **abuse, advocacy, chore/minor repair, counseling, driver training, employment, financial assistance, health, health insurance, in-home services, legal, long term care, low cost housing, meals/groceries, respite, volunteering, yard work, and more.**
- Huge resource for seniors and the community

Housing:

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Crown Villa Apartments for Seniors

360-694-2501 or www.vhausa.com

- Provides subsidized housing with some income restrictions
- Must be 62 years or older; all units are 1 bedroom
- Application found online at site listed above, service coordinator on site

Location:

1529 Division Street, Camas, WA 98607

Mountainview House

360-834-3988 or www.enlivant.com

- Assisted Living, Senior Community, Short Term Care: Rehabilitation, Respite, and Hospice.
- Accepts the following payment methods: Medicare.

Location:

2647 Northwest Kent Street, Camas, WA 98607

Prestige Care Rehabilitation Camas

360-834-5055 or www.prestigecare.com (or Google Prestige Care Camas)

- Recently remodeled facility with a view of the Columbia River
- Major health care resource. Offers rehabilitation, skilled nursing, and assisted living services

Location:

470 Northeast Dallas Street, Camas, WA 98607

Information & Other:

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AARP Driver Safety Program

360-574-2472

- Call for more information about this program, run through AARP

Location:

Call for more information

Area Agency on Aging and Disabilities of Southwest Washington

1-888-637-6060 or 360-694-8144 or www.helpingelders.org

- Connecting seniors, adults with disabilities, and care givers to community resources
- Call for more information about various programs and events

Location:

201 NW 73rd Street, Vancouver WA 98665, Suite 201

Inter-Faith Treasure House

360-834-5786 or www.ifth-cw.org

- Provides emergency bill assistance, if needed
- Provides other resources to seniors. Call for more information
- Provides food and meals (see Meals/Food section)

Location:

91 C Street, Washougal, WA 98671

Seniors and Law Enforcement Together (S.A.L.T.)

360-834-4151 or 397-2211 ext. 3380

- Informs seniors about scams and offers other interesting topics
- Senior related topics in monthly S.A.L.T. Times Newsletter
- Special picnic in July, luncheon in February, and other free events

East Meeting:

Camas Police Department

4th Monday of the month at 11:00 am

2100 NE 3rd Avenue, Camas, WA 98607

West Meeting

The 40 and 8 Community Room

3rd Monday of the month at 11:00 am

7607 NW 26th Ave Vancouver, 98665 11am

Senior Finder

360-487-8701 or www.vanmessenger.org

- Free lifestyle resource guide for the 50-plus adventurer in Clark County
- Published annually
- Call to have a copy mailed to you

Senior Information and Assistance

360-694-8144 or www.211info.org

- Organization through the community service directory working directly with seniors
- Has extensive information on transportation and other senior resources

Senior Messenger

360-487-8701 or www.vanmessenger.org

- Free by subscription, monthly publication full of interesting information for the 50-plus adventurer in Clark County
- Senior Finder (see above) included annually to subscribers

Volunteer Chore

360-213-2403

- Designed to help low-income elders or disabled adults, with household chores or errands, who can't afford services typically or don't qualify elsewhere

Meals/Food:

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Inter-Faith Treasure House

360-834-5786 or www.ifth-cw.org

- Provides food through their Boxed Food Program and Feeding Program
- Additional services listed under Information section

Location:

91 C Street, Washougal, WA 98671

Loaves and Fishes

360-210-5666 or www.mealsonwheelspeople.org

- Provides meals & social contact for seniors
- Offers a variety of games and activities

Meeting Location and Time:

Monday - Thursdays:

*Washougal Community Center at 11:30 am
1701 C Street, Washougal, WA 98671
98607*

Fridays:

*Camas Community Center at 11:30 am
1718 Southeast 7th Avenue, Camas, WA*

Lost & Found Café

360-834-5786 or www.ifth-cw.org

- This service is run through Inter-Faith Treasure House.
- Outreach program available to everyone
- Volunteering to serve is also available. Call for more information

Location:

Zion Lutheran Church
824 NE 4th Ave, Camas, WA 98607

Time:

Monday and Thursday
6:00 to 7:00pm

Meals on Wheels People

1-866-788-6325 or www.mealsonwheelspeople.org

- Meal delivery to homebound seniors

Refuel Fridays

360-835-8501 or www.cityofwashougal.us

- Meals served to all by various nonprofit organizations
- Seniors welcome to volunteer. Call for more information
- Find information on website under 'upcoming community events'

Location:

Washougal Community Center
1701 C Street, Washougal, WA 98671

Time:

Every Friday from 4:00 to 5:00 pm

Transportation:

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American Medical Response

503-231-6300

- Ambulance transportation for basic and advanced life support, critical care transportation and specialized care transport

C-TRAN Bus Service

360-695-0123 or www.c-tran.com

- Public transportation, general bus service. Call or go online for routes
- Payment required for bus passes

C-VAN Paratransit Services

360-695-8918 or www.c-tran.com

- Public transportation, reservation-based service for those with disabilities that prevent them from boarding or riding C-TRAN's accessible regular bus service
- Available on the same days, times, and areas as non-commuter, regular bus service
- The cost to ride is the same as a C-Zone ticket

Employment Transportation Brokerage

360-258-2103

- Short term assistance, must be low-income
- Must be referred by a partnering agency
- If approved, the least costly, most appropriate method of transportation will be provided at no cost to you

Golden Chariot

360-944-9833 or www.goldenchariot.us

- Provides individual transportation services for senior and disabled clients
- Reservation requested at least 1 day in advance
- Private fee for service

Medical Transportation Brokerage

360-694-9997

- Transportation to medically necessary appointments for those with Medicaid healthcare
- Schedule at least 2 days in advance
- If appointment is out of area, schedule at least 10 days in advance

Mercy 1 Transportation

360-896-5156 or www.mercy1transportation.com

- Transportation for a fee
- Comfortable cars and wheelchair vans
- Door to Door transportation for service throughout Clark and Cowlitz County and beyond.

Reserve-A-Ride

360-258-2103

- Limited transportation services available for medically necessary appointments
- Program for low-income, disabled and/or older adults living in Clark County unable to use transit services
- Part of Employment Transportation Brokerage (as listed above)

Senior Transportation Program

360-694-8144

- Must be 60+ and meet other eligibility requirements
- For screening, call the Information & Assistance Program. Dial 2-1-1
- Part of the Area Agency on Aging & Disabilities of Southwest Washington

TLC Wheelchair Services, Inc.

360-225-9107

- Provides medical transportation

Social Clubs and Recreation

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Camas Parks and Recreation

360-834-5307 or www.cityofcamas.us/parks

- Lacamas Lodge, Camas Community Center, Fallen Leaf Park all available for rental
- Camas Community Center holds lunches and activities on Fridays for seniors
- Parks and Recreation newsletter offers programs and events for all ages. Sign up for it by calling the number above

Locations:

Lacamas Lake Lodge

227 NE Lake Road, Camas, WA. 98607
Opened 8am to 5pm daily

Camas Community Center

1718 Southeast 7th Avenue, Camas, WA 98607
Opened to scheduled events only

Camas Public Library

360-834-4692 or www.cityofcamas.us/library

- Provides books, audiobooks, DVDs, educational crafts, and activities
- Online access available to a variety of services
- Hosts adult books clubs, Movie Mondays, Trivia Night, Crafterama, and more
- Call for more information about library events

Location:

625 NE 4th Avenue, Camas, WA, 98607

Camas Seniors

360-834-3727

- Provides trips and runs activities by seniors for seniors
- Monthly trips to casinos
- Puts together various games for seniors by partnering with Loaves and Fishes

Location:

Call for locations and times of trips and events

Cascade Park Kiwanis (Kiwanis International)

360-833-1852 or Cascade Park Kiwanis on Facebook

- Dedicated to helping our local community and the world by helping children and communities
- Weekly meetings offer socialization and volunteer opportunities

Location:

Meetings held at IHOP
2900 Southeast 164th Avenue, Vancouver, WA

Time:

Every Thursday morning at 7:30am

Columbia Gorge Women's Association

360- 834-1091

- For older women returning to the work force or school
- Provides scholarships for women in need
- Helping women retrain after major life decisions

Location:

Call for location and meeting times.

Fern Prairie Modelers

360-254-4668 or www.fpmc.org

- All ages welcome who are interested in model aviation
- Great for airplane novices and professionals alike

Location:

Camas Community Center
1718 Southeast 7th Avenue, Camas, WA 98607

Meetings:

3rd Thursday of each month at 7:00 pm

Garden Club

360-210-4732 or 360-835-7613 or www.gardenclubofcamaswashougal.org or
Community Garden of Camas/Washougal on Facebook

- Dedicated to bringing newcomers and veteran gardeners together in a supportive social environment
- Speakers or activities every meeting. Everyone welcome
- Sharing gardening information (successes and failures) in the Pacific Northwest

Meetings:

August to May

Camas Community Center
4th Wednesday at 1:00pm
1718 Southeast 7th Avenue, Camas, WA 98607

June, July, and December

No meetings; however special field trips will
take place. Call for more information.

General Federation Women's Club

360-834-2354 or 360-835-2348 or www.gfwc.org

- A community service organization working with the schools, domestic violence, Operation Smile, and Senior Royal Court Projects
- Dedicated to strengthening our community and enhancing lives through volunteer service

Location:

Call for location.

Time:

2nd Wednesday of the month at 7:00 pm

Soroptimists International

360-844-5469

- A volunteer organization that improves the lives of women and children locally and internationally

Location:

Zion Lutheran Church
In the Community Hall
824 Northeast 4th Avenue, Camas, WA 98607

Time:

1st Friday of the month at 7:00 am
3rd Tuesday of the month at 7:00 pm

Twisted Sisters Quilting Society

360-989-5326

- Quilting group for beginners and experts alike
- Learn how to quilt, pick up quilting tips, or come to socialize

Location:

Call for location

Time:

Every Wednesday at 6:00 pm

Washougal Community Center

360-835-8113 or www.cityofwashougal.us

- Gathering place for seniors
- Offers meals and activities
- Available for rentals

Location:

1681 C Street, Washougal WA, 98671

Time:

Monday to Friday, 9:00 to 4:00 pm

Washougal Lions Club

360-335-1947

- Service organization focusing on health issues
- Coordinates the annual Washougal Festival of Trees in December

Location:

Orchard Hills Golf Club
605-39th Street, Washougal, WA 98671

Time:

2nd & 4th Thursday of the month at 6:30 pm

Washougal Public Library

360-906-4860 or www.fvrl.org

- Provides books, audiobooks, DVDs, educational crafts and activities
- Has online access to a variety of services
- Adult book club meets every 3rd Tuesday of the month. Call for book title.

Location:

1661 C Street, Washougal WA, 98671

Time:

Tuesdays 10:00 to 8:00 pm

Wednesday - Saturday 10:00 to 6:00 pm

Veterans

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American Legion Bennett Barnett Post 27

360-835-2425 or www.alpost27.com

- Aiding veterans through many programs throughout the year
- Organizations dedicated to veterans helping veterans
- Call for more information

Location:

Camas Community Center

1718 Southeast 7th Avenue, Camas, WA 98607

Time:

1st Wednesday of the month at 7:00 pm

CCDCS – Veterans Assistance Fund

360-397-8478 or 360-693-7030 or www.ccvac.net

- Offering everything from a cup of coffee to emergency assistance fund service
- Assistance with filing for medical claims and burial benefits

Location:

1305 Columbia Street, Vancouver WA, 98660

Suite 100

Time:

Monday - Friday

8:00 to 4:30 pm

Veterans of Foreign Wars Post 4278

360-260-7879 or VFW Post 4278 on Facebook

- Veteran nonprofit servicing all veterans and the local community
- Coffee Hour and Post Meetings held at the Camas Community Center

Meetings:

Post Meetings

2nd Tuesday of the month at 7:00 pm

Camas Community Center

1718 SE 7th Avenue, Camas, WA 98607

Coffee Hour

Every Wednesday and Friday at 9:00am

Camas Community Center

1718 SE 7th Avenue, Camas, WA 98607

Veterans of Foreign Wars Post 4278, Ladies Auxiliary

360-835-8215 or VFW Post 4278 on Facebook

- Veteran nonprofit servicing all veterans and the local community
- Weekly Coffee Hour and monthly post meeting held at the Camas Community Center

Meetings:

Post Meetings

2nd Tuesday of the month at 7:00 pm

Camas Community Center

1718 SE 7th Avenue, Camas, WA 98607

Coffee Hour

Every Wednesday at 9:00am

Camas Community Center

1718 SE 7th Avenue, Camas, WA 98607

DISCLAIMER: The City of Camas Parks and Recreation does not recommend, endorse, or suggest that you should use any of these businesses, agencies, or organizations nor have we screened them in any way; this is your responsibility. If you use a resource from this list, you are responsible for your relationship and their terms of service. We offer this information only as a resource to help you meet your needs.